

Sawston, Shelfords and Stapleford



Stories of hope

We had been meeting weekly with Dan*, aged 17, on a 1:1 basis for around the last 15 months, particularly supporting him in his struggle with anxiety. We meet him in his garden and encourage him to get out of the house for walks and trips to the park. Due to Dan's lack of engagement with college, our work with him is part of his education package. We started a lawnmower project with him in the summer term to help him improve his confidence and learn some new skills. We took apart the gearbox and began to disassemble the engine as Dan has a real passion for cars, so he found this fascinating. Alongside this we supported him to refer himself for some professional mental health support.

Although the restoration of our mower is still to be completed, we are now facilitating Dan meeting with a Job Coach to explore his options for employment when he feels ready. Whilst there is still a lot of support needed, we have seen Dan progress in what he is able to do, and we are hopeful that with increasing time out of the house he will start to see more hope for the future.

*The name of this young person has been changed

Bella*, has been involved in our work for several years now, attending one of targeted groups and getting involved with lots of our other activities. Bella experienced a crisis within a relationship and found herself in a really low patch. Facing a lot of difficult decisions and challenging emotions, she asked to start a 1:1 with a member of our team and began seeing them on a regular basis.

Through this 1:1 work we have been able to support Bella through this crisis period and help her to see light at the end of the tunnel. Plus, recently we were able to support Bella in securing a job in a local restaurant. With regular meetings and opportunities for her to share what's on her mind, her wellbeing has improved greatly, and she continues to meet with a member of our team on a regular basis.

*The name of this young person has been changed

Jack*, has been attending our sessions since he was in Year 7 and is now over 18. He has faced significant challenge over the last year having been in and out of work, faced a housing crisis and struggled with his mental health and the managing of his emotions. Through regular 1:1s we have been able to support Jack, providing a listening ear. Helping to refer him to other services and supporting him with finding a regular job. Often this has involved having a kick about, throwing a frisbee or grabbing a McDonalds and more recently going fishing.

Jack has progressed from agency work and is now working full time as a forklift driver and is able to manage his own wellbeing so much better, even contacting his GP when needed and having open and honest conversations with his manager about his mental health. We continue to meet Jack on ad-hoc basis, providing support when needed.

*The name of this young person has been changed

Developmental Relationships	Indicators	Actual
Engagement and Activities	Total number of young people regularly involved in SSYI activities	192
	Number of young people we engaged with through detached work	129
	Number of young people we supported through open access activities	154 Sawston Youth club Shelford Younger Youth club Shelford Middle Youth club Shelford Older Youth club RED Sawston Football
	Number of young people we supported through targeted group work	31 Girls Group
	Number of young people we supported through school-based group work	4 Stapleford Transition Group
	Number of young people we gave community based 1:1 support	9
	Number of young people we gave school based 1:1 support	8
	Number of young people as young leaders / impacting their community	2
	Number of trips/residentials	9 Bowling Go Karting & Laser Tag Summer Residential Aqua Park Beach Trip Ice Skating Trampoline Park Corby Skatepark Trip Thetford Forest MTB Trip
	Number of young people we supported in more than	

	one context	126
	Number of young people we supported in a time of crisis	13
	Number of hours of face-to-face delivery	625 hours

Overview of year

This year has been an exciting one for SSYI and Romsey Mill in the Shelfords, Stapleford and Sawston. Despite the continuing impact of the Covid-19 pandemic we have seen great growth and the opening of our fantastic, SSYI Youth Centre in Great Shelford. By the start of the new school year in 2021 we had over 100 new young people coming along to our work and youth clubs on every day of the week, in our Youth Centre and in Sawston. We have continued to run 1:1 work within Sawston Village College, running regular detached sessions in the school and the villages and providing vital support to local young people.

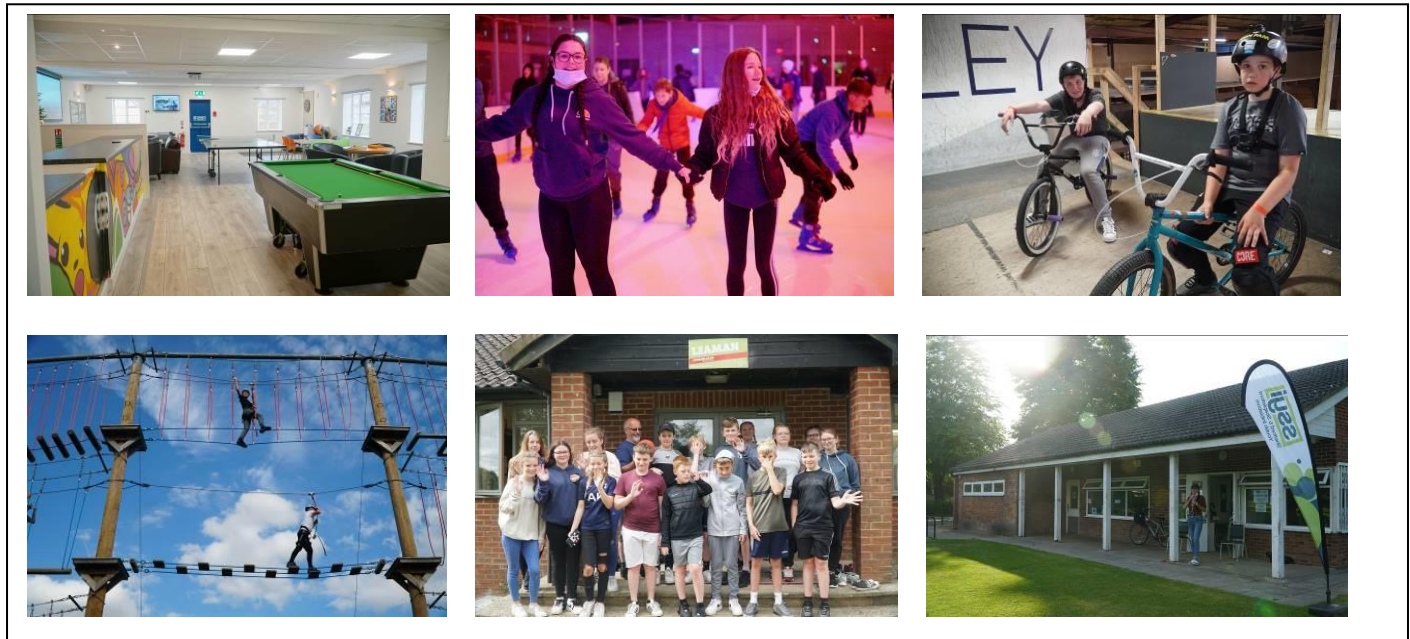
Since September we have been running 6 youth clubs a week: Our Monday football group at Lynton Way Rec in Sawston after school; On Tuesdays we run RED our relaxed open access youth club aimed at supporting young people's wellbeing and mental health; Our girls group runs on Wednesdays after school providing activities and informal education; Thursday evenings is our open access club in Sawston held at the Free Church; and Friday nights we run our 2 open access clubs in the Youth Centre in Shelford with regular attendance of more than 35. We have also completed work on the "Copse" woodland recreational area, in collaboration with Playscape; a great way to give back to the community by providing a usable outdoor space for all.

This year we have supported 17 of our young people with regular 1:1 support, either in the community or in Sawston Village College. They enable us to give more in depth support to young people and help them to overcome the challenges that they are facing in their lives. Often, they involve supporting them with their mental health, or through struggles with school.

Throughout the year we have been running regular detached sessions to meet, engage with and support local young people on their terms. Often wandering around the local recs and other public spaces to meet with both our regular young people and those who don't attend our groups. We also do at least one detached session a week in Sawston Village College to engage with the pupils at lunchtime and raise awareness of the support that we can offer.

We have been able to provide a variety of trips and experiences this year including Ice skating, Go-Karting, Laser-Tag, Zorbing, bowling, and trampolining. In the summer we took 15 young people away for 3 days to Skreens Park Scout Activity Centre near Chelmsford. It was so great to go away again as we were unable to in 2020 due to the pandemic. We did many activities including Kayaking, Raft Building, High Ropes and Air-Rifle Shooting, and despite not getting a huge amount of sleep everyone had a great time.

It has been a fantastic year and we have been so pleased to be back to running busy groups every day of the week. We are really looking forward to what the next year brings!



Developmental Relationships	Indicators	Actual
Mechanisms of Change	“The youth workers make me feel welcome”	100%
	“The youth workers care about me”	100%
	“The youth workers give me the support I need”	100%
	“If I have a problem, I know the youth workers will help me”	100%
	“The youth workers listen to me”	100%
	“The youth workers trust me”	100%
	“The youth workers respect me and my background”	100%
	“The youth workers help develop me as a person”	96.3%
	“The youth workers give me chances to be a leader”	92.6%
	“I enjoy my time with SSYI”	100%
	“I feel part of a community at SSYI”	100%
“I am able to influence how the activities are run”	100%	

Community connections, partners and enablers	Partner Organisations	The Parish Councils of Great Shelford, Little Shelford, Stapleford, Sawston & Duxford John Huntingdon Charity Sawston Village College Stapleford Primary School St Andrews Stapleford Great Shelford Free Church All Saints Little Shelford Sawston Free Church Cambridge Regional College
	Number of Volunteers	11



Developmental Relationships	Indicators	Actual
Outcomes	Young people expressing an improvement in confidence.	96.3%
	Young people expressing an improvement in their ability to overcome challenges.	96.3%
	Young people expressing an improvement in their ability to get on with others.	92.6%
	Young people expressing an improvement in hope for the future.	92.6%
	Rating of SSYI sessions out of 10.	9.3

Quotes from young people

How has SSYI helped you?

“It makes me feel safe and it helps me cheer up when I’m sad”

“Its fun and amazing havent been here for long but i really like it so far cant wait for more”

“When i need to talk to someone i feel like some ones there for me”

“They have made me feel included and they make it a fun place to hang out!!!!!!”

“It helps me to communicate more.”

“They have made it fun space to hang about”

“SSYI will always be there if you need any help with anything.”

“They have fantastic people”