

# SAWSTON PARISH COUNCIL

Link Road, Sawston, Cambridgeshire, CB22 3GB

Phone: 01223 832470

Email: [info@sawston.org.uk](mailto:info@sawston.org.uk)



Agreed FP  
April 2022

## Application for grant or donation

Name of organisation	Active with Parkinson's Cambs
Address	[REDACTED]
Registered charity number (if applicable)	
Phone	[REDACTED]
Email	[REDACTED]
Contact name and position in organisation (plus address if different form above)	Deb Liddington, Treasurer
Cheques to be made payable to	Active with Parkinson's Cambs
Describe the overall aim of your organisation and the activities or services it provides	The aim of the organisation is to provide a specialised weekly exercise for people who suffer from Parkinson's Disease with the additional benefit of providing a social and supportive environment for those that are suffering from the disease and their carers/partners who accompany them. The exercise class is based on the Parkinson's warrior exercise regime which specifically targets and helps with the symptoms of Parkinson's.
Explain the direct benefit to Sawston of your organisation's activities including the number of Sawston residents who have benefitted in the past	The class is held every Tuesday afternoon in St Mary's Hall, Church Lane, Sawston so is contributing to the upkeep of the church. Any publicity includes mention of this, together with the fact it is located in Sawston. We currently have one Sawston resident who suffers from Parkinson's attending but as word spreads and awareness increases it is my hope that any more residents who suffer from Parkinson's will join us. There are currently 13 regular attendees from surrounding areas.
Explain why your organisation is applying for funding and the purpose for which it will be used	Any funding granted will be used to subsidise the cost of the class for attendees so as to ensure access for all those that need it and ensure that no-one is denied access due to financial difficulty. If the PC is unable to provide any funding, whatever size, then an email or letter of

	support to me (to forward to SCDC) would be much appreciated in support of my grant application to them.
Detail the total cost of each item covered by your funding request (please use separate sheet if needed)	Hall hire is £25/week and instructor is £75/week (ie £100/week)
Have you applied to Sawston Parish Council for assistance before? If so give details	No
Signed	
Date	14 <sup>th</sup> March 2022
Position in organisation	Treasurer
Amount requested	£200

The completed form should be sent to Jo Keeler, Parish Clerk, by post or email:

- Sawston Parish Council, Link Road, Sawston, Cambridge CB22 3GB
- jo.keeler@sawston.org.uk