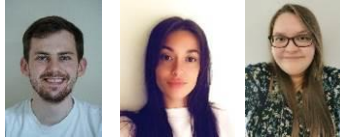


Sawston, Shelfords and Stapleford



Stories of hope

Jack*, was referred to us as he was struggling with anxiety and unable to attend college due to fears around transport and busy areas. When we began to work with Jack, he very rarely left the house due to his anxieties, his sleep pattern was all over the place and his mood was low. Zac began meeting Jack for a 1:1, mostly heading out to the local park to play some football and chat (often about cars). Most weeks this was the only time that Jack left the house. After a few months of meeting, we began a project with Jack involving rebuilding an old lawnmower for 2 hours every other week to enable him to learn some basic mechanical skills and build his confidence. In alternate weeks they did a different activity such as going to the shops, travelling somewhere in the car, or even racing RC Cars round the green for fun!

Jack has completely disassembled and reassembled the mowers gearbox and we have begun taking apart the cylinder head. His anxiety has been slowly improving, he is able to leave the house more often now, and he has got himself a provisional licence. Through our work we are hoping to enable him to have the confidence to start driving lessons in the coming months.

*The name of this young person has been changed

We began working with Greg* in 2020 through the local secondary school, meeting him for a 1:1 every week to help him get back on track after a period of poor behaviour both in and out of the school. Charlie met with him every week, often playing some football in the sports hall. They chatted through his feelings about school and life, and what he wanted to do in the future. Throughout the lockdown in early 2021 we continued to meet with him virtually to continue our support. Greg also began coming to our Football and Open Access groups as well. Through positive interaction both in school and in the community Greg's behaviour began to improve, being able to meet Greg in multiple contexts has enabled us to support him more holistically. Greg loves coming along to our sessions and his 1:1s and is doing much better in school.

*The name of this young person has been changed



Developmental Relationships	Indicators	Actual
Engagement and Activities	Total number of young people regularly involved in SSYI/Romsey Mill activities	166
	Number of young people we engaged with through detached work	124
	Number of young people we supported through open access activities	45 Mill Lane Open Access Youth club Shelford Open Access Youth club Monday Football
	Number of young people we supported through targeted group work (inc. schools)	25 Girls Group RED Year 6 Transition Programme Wednesday Night Dinner
	Number of young people we gave 1:1 support	12
	Number of young people as young leaders / impacting their community	3
	Number of trips/residentials	12 Copse Project x 5 Thetford Forest biking x 2 Zorb Football Bowling x 4
	Number of young people we supported in more than one context	45
	Number of young people we supported in a time of crisis	19
	Number of hours of face-to-face delivery	525

Overview of year

It has been an interesting year for us in Shelford, Stapleford and Sawston due to the COVID-19 pandemic. In September we were able to restart a number of groups in person including our Girls Group and RED (a group with a focus on supporting young people struggling with their mental health). We also restarted Wednesday Night Dinner group, our follow-on group from Youth Alpha last year. Prior to this all our work had been online apart from detached work and 1:1s.

Towards the end of this year things really began to pick up again with work restarting in Sawston Village College including 1:1 support and lunchtime detached work. We have done more detached sessions in the community than ever, often doing 3 a week! The work in Sawston has grown massively with a new Monday Football group and Friday Open Access starting, we had over 40 new young people get involved in this work within the space of a few months.

We have been able to go on a number of trips including to do Zorb Football, Bowling and Mountain Biking in Thetford Forest, we plan to go away on a Residential in the Summer also! It has been great to meet loads of new young people, both out on detached and in open access groups. We have been running more 1:1 sessions than ever before, with 12 young people being supported through this, often with 5 or 6 young people being met each week. This in-depth support can help young people to overcome significant challenge, and we have been supporting many of these young people around their mental wellbeing.

We have also nearly completed the renovations on our Youth Centre in Shelford, the final bits are left to be done, but we expect to welcome young people in soon. This is really exciting as it will be a great modern space solely for local young people to use, with a brand-new kitchen, flooring, walls, ceiling, loos and lots of new resources. Our hope is that next year the space will be open for groups every day of the week! We are really looking forward to continuing to reach more young people over the coming year and expanding the range of activities and support that we offer.



Developmental Relationships	Indicators	Actual
Mechanisms of Change	“The youth workers make me feel welcome”	100%
	“The youth workers care about me”	100%
	“The youth workers give me the support I need”	100%
	“If I have a problem, I know the youth workers will help me”	93.3%
	“The youth workers listen to me”	100%
	“The youth workers trust me”	100%
	“The youth workers respect me and my background”	100%
	“The youth workers help develop me as a person”	100%
	“The youth workers give me chances to be a leader”	80%
	“I enjoy my time with SSYI/Romsey Mill”	100%
	“I feel part of a community at SSYI/Romsey Mill”	93%
	“I am able to influence how the activities are run”	87%

Community connections, partners and enablers	Partner Organisations	John Huntingdon’s Charity Great Shelford Parish Council Little Shelford Parish Council Stapleford Parish Council Sawston Parish Council Sawston Village College Stapleford Primary School Icknield Primary School St Andrew’s church, Stapleford Great Shelford Free Church All Saints church, Little Shelford
	Number of Volunteers	9



Developmental Relationships	Indicators	Actual
Outcomes	Young people expressing an improvement in confidence.	100%
	Young people expressing an improvement in their ability to overcome challenges.	100%
	Young people expressing an improvement in their ability to get on with others.	86.7%
	Young people expressing an improvement in hope for the future.	86.7%
	Rating of SSI/Romsey Mill sessions out of 10.	8.7

Quotes from young people

<p>How has Romsey Mill and SSI helped you?</p> <p>“Allowed me to meet new people, have great times away on trips, improve my self-confidence”</p> <p>“Helped me to be myself”</p> <p>“Be more confident”</p> <p>“Meet a lot of great people. Help develop confidence”</p> <p>“Helped me to engage with more activities and the work environment”</p> <p>“It has help with my confidence.”</p> <p>“They provide a youth worker who helps to get me out of the house”</p>
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