

COMING SOON – A NEW Community Warden Scheme for Sawston, Whittlesford, Hinxton, Ickleton, Duxford & Pampisford

Are you aged 60 or over?
Would you like help to continue to live independently in your own home?

The Community Warden is able to offer assistance by providing a daily phone call (Mon-Fri) and support such as:

- Making drinks and a light meal
- A home visit
- Collecting prescriptions
- Small items of shopping
- A listening ear
- Help with paperwork and making appointments
- Signposting to other services where appropriate

If you are interested in this service and would like more information, please call **07445151635** or email wardens@ageukcap.org.uk

There is a **FREE** 2 week trial and then a small weekly fee afterwards if you wish to remain on the scheme.